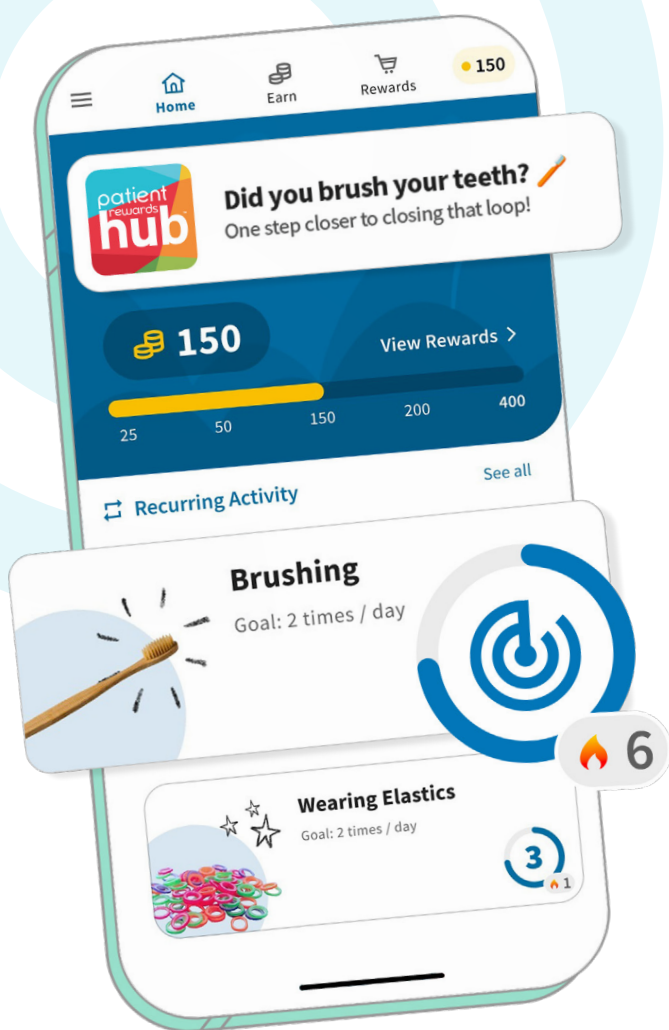


Stay on track with fun tips and reminders to help reach your goals

Get in the Loop!



Accept an Activity Loop Invitation

- Check your email or app for an invitation to start
- Follow the Set Up instructions on the screen to begin!

or



Set Up Your Own Activity Loop

- Visit your account and choose *Earn*
- Under Activity Loops, select *Set Up Activity Loops*
- Select the Activity Loop you want to start and click *Set Up* to begin!